



9TH ANNUAL  
**Grandma Kay's**  
5K RUN/WALK  
& 1 MILE FUN RUN



**Saturday, July 8th, 2017**  
**Westview Orchards in Washington Township**

A fun filled event for the entire family. Enjoy the challenge of completing a 5k through the orchards. A shorter 1 mile course is available as well. Entertainment, age group awards, and other activities all included with registration. This year the Grandma Kay's event is supporting the Great Lakes Burn Camp which provides a unique experience that promotes healing, self-esteem, confidence, and general well-being for burn injured children.

Online registration open until July 7th. Day of registration and packet pickup starts at 5:30 pm and prices increase \$5. 1 Mile starts at 6:45 pm and the 5k at 7:00 pm.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Age on Race Day \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

**Online registration available at [www.eastsideracingcompany.com](http://www.eastsideracingcompany.com)**

Make Checks out to the Eastside Racing Company  
Mail forms to: Hanson's Running Shop c/o Grandma Kay's 5k,  
8409 Hall Road, Utica, MI, 48317

**Proceeds to Benefit**

**5k Run/Walk  
\$25**

**1 Mile \$15**

**Day of race registration  
increases \$5**



**SHIRT SELECTION:**

**Youth Medium  
Youth Large  
Adult Small  
Adult Medium  
Adult Large  
Adult XL  
XXL**

PLEASE READ THE FOLLOWING STATEMENT CAREFULLY AND SIGN BELOW BEFORE SUBMITTING ENTRY: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in the event including, but not limited to: falls, contact with other participants, the effects of weather and temperature, traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I, for myself and anyone entitled to act of my behalf, waive and release the Westview Orchard and Winter, Eastside Racing Company, Eastside Racing Company, and all sponsors and volunteers from claims and liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, for any legitimate purpose.

Participant's Signature

Date

Parents Signature (if participant is under 18 years) Date