



2nd ANNUAL EASTOVER 5K PANCAKE DASH Calling all runners, walkers, and pancake eaters!

Join our Eastover families and local community for a 5K run and fun run/walk followed by a pancake breakfast, courtesy of Chris Cakes. This year the race will be chip-timed with real time results and prizes for top finishers! In addition, all participants will receive a swag bag. If running is not your thing, come cheer on your friends and enjoy all-you-can-eat pancakes. The Pancake Dash is open to the entire community so we hope to see you and your friends there!

WHAT: 5K or Fun Run/Walk and Pancake Breakfast

WHEN: Saturday March 23, 2019 at 9AM (Registration opens at 8AM)

WHERE: Eastover Elementary School • Bloomfield Hills

WHY: We are raising funds to replace our 30-year-old play structure (which is so old that replacement parts are no longer available). **Bloomfield Hills School District does not fund school playgrounds.** Parent and sponsor donations are the only means of raising money for new equipment.

NEW for 2019

- **Chip Timers!** 5K race will be chip-timed for official results and age-category prizes!
- **Photo Zone!** Join us for an official race photo. Pictures will be posted online for you to download.
- **Raffle Prizes!** Receive a raffle ticket for each non-Eastover participant you bring! For every guest who indicates your student's name on their registration, you will receive one raffle entry. An Eastover participant is defined as a current Eastover student or parent...so older/younger siblings, grandparents, cousins, non-Eastover friends, etc. are all guests! Raffle will be held after the race is completed. Guest must be a paying participant of either the race or pancake breakfast.

Pancake Dash Participant Package- includes registration fee, swag bag + all-you-can-eat pancakes.

Pancakes ONLY- fuel up with all-you-can-eat pancakes and cheer on the runners.

Participation Fees:

\$25 - Dash Participant Package (\$30 after March 9th)

\$15 - Age 12 & Under Dash Participant Package (\$20 after March 9th)

All Dash participants are eligible to run the 5K, the fun run, or both! Strollers welcome.

\$10 - Pancakes ONLY (\$12 after March 9th)

\$8 - Age 12 & Under Pancakes ONLY (\$10 after March 9th)





5K MARCH 23RD, 2019

PANCAKE DASH

A RUN FOR OUR PLAYGROUND

PANCAKE DASH REGISTRATION FORM

Visit <https://eastsideracing.enmotive.com/events/register/eastover-pancake-dash> to register and pay via credit card online, or return this completed form to Eastover Elementary, ATTN: Chris Decker, by March 9th. Make checks payable to Bloomfield Hills Schools. *Please note: a convenience charge will be applied to all online payments. You can avoid the fee by filling out this form and sending your check into school.*

Participant Name: _____ DOB:: _____ Email: _____

Participant Name: _____ DOB:: _____ Email: _____

Participant Name: _____ DOB:: _____ Email: _____

Participant Name: _____ DOB:: _____ Email: _____

Please continue on the back if more space is needed. Date of Birth and email are needed for each 5K participant to get accurate timing results.

If you are a non-Eastover participant, who can we thank for inviting you?

Number of Dash Participants, age 13+ _____ @ \$25 (until 3/9/19) Total \$ _____

Number of Dash Participants, 12 & under _____ @ \$15 (until 3/9/19) Total \$ _____

Number of Pancakes ONLY attendees, age 13+ _____ @ \$10 (until 3/9/19) Total \$ _____

Number of Pancakes ONLY attendees, age 12 & under _____ @ \$8 (until 3/9/19) Total \$ _____

I would also like to donate an additional amount towards Eastover's playground improvements: \$ _____

I'm unable to attend, but would like to donate towards Eastover's playground improvements: \$ _____

I am interested, or know someone who is interested in sponsoring the event. Please reach out to me for more info using this contact information: _____

Waiver:

In completing this entry form and checking the waiver box, I assume all responsibility and agree to waive any responsibility of the Bloomfield Hills Schools and Eastover Elementary PTO and all Sponsors of the Pancake Dash for any injury incurred during said race. I verify that all individuals named on this form are physically fit and have trained sufficiently for this event, and I am aware that participation in this event could, in some circumstances, result in physical soreness or injury. I understand that the entry fee I pay is non-refundable.

I am 18 or over and have read and agree with waiver Signature and Date _____